



BREAKFAST
LUNCH
ESPRESSO BAR
+ CATERING



Eetnow.com Specials

DAILY — SOUP, SALAD, SANDWICH + ENTRÉE
FACEBOOK.COM/EETNOW AND TWITTER.COM/EETNOW UPDATED DAILY

Homemade Soups

CUP {3.95} BOWL {4.95} CHOICE OF BREAD

- **Natural Chicken + Vegetable**
- **Light Creamy Tomato + Basil**
served with grilled cheese croutons
- **Organic Mushroom**

Miguel's Salad Bar

SERVED WITH A BAG OF CHIPS OR A ROLL OR WHOLE FRUIT

- **Make-Your-Own Salad** {8.75}
Mixed greens, romaine, baby arugula, or baby spinach with your choice of five items including one cheese
grilled chicken {2} seared flatiron steak {4}
atlantic salmon {4} sautéed shrimp skewers {5}
hard boiled egg {.99} additional vegetable toppings {.75}
1/4 avocado {.75}
- **EET Salad** {10.95}
chopped tricolor salad with chicken, goat cheese, green apple, sun dried cranberries and balsamic vinaigrette
- **Vegetarian Cobb** {9.95}
romaine lettuce, tofu, celery, cucumber, blue cheese, tomato, red pepper and red wine vinaigrette
- **Classic Chicken Caesar Salad** {9.95}
hearts of romaine, grilled chicken, shaved parmesan, homemade croutons and caesar dressing
- **Market Salad** {8.50}
mesclun greens, cucumber, tomatoes and red wine vinaigrette

Make Your Own Entrée

YOUR CHOICE OF PROTEIN, ANY TWO SIDES, AND SAUCE -
BALSAMIC HOSIN, ROASTED GARLIC, BARBACUE OR CHIPOTLE AIOLI

- **Ponzu Roasted Tofu** {9.95}
- **Seared Atlantic Salmon** {11.75}
- **Herb Marinated Chicken Breast** {10.75}
- **8oz Flatiron Steak** {11.95}

Sides

- Roasted Butternut Squash {4.00}
- Mixed Root Vegetables {4.00}
- Market Greens {4.00}
- Brussel Sprouts {4.00}
- Pearl Couscous with Mushrooms {4.00}
- French Fries {3.00}
- Yukon Gold Mashed Potatoes {4.00}
- Nasi Goreng Fried Rice {4.00}
- Steamed Rice {2.00}
- Side Salad {3.75}

Chef's Choices

- **Herb Marinated Chicken** {10.75}
boneless chicken breast, mashed potatoes and brussel sprouts
- **Seared Salmon** {11.75}
atlantic salmon, roasted butternut squash and mixed greens
- **Steak Frites** {11.95}
8oz seared flatiron steak, herb butter, and french fries or mixed greens
- **Chicken Udon Soup** {9.95}
Udon noodles in broth with roasted chicken, vegetables, bean sprouts and shitaki mushrooms
- **Crispy Calamari** {9.95}
served with chipotle aioli and lemon
- **Shrimp Skewers** {11.75}
served over nasi goreng style rice
- **NY Pulled Pork** {11.25}
slow roasted pulled pork, smokey barbecue sauce, mixed root vegetables and fall greens

Pasta

- **Orecchiette Margherita** {8.25}
pasta with tomato basil sauce, topped with cubed fresh mozzarella
- **Spaghetti Meatballs** {11.25}
turkey and chorizo meatball in light spicy marinara sauce
- **Shrimp Fusilli** {11.75}
pasta with shrimp and broccoli in scampi sauce
- **Penne Vodka** {8.75}
pasta with alfonso's famous vodka sauce

Cold Sandwiches

SERVED WITH A BAG OF CHIPS OR WHOLE FRUIT

- **Home-Roasted Turkey** {9.95}
lettuce, tomato, red onion + cranberry mayo on brioche
- **Chicken or Tuna Salad On 7-Grain** {7.95}
- **Caprese** {8.95}
mozzarella, tomato + pesto on ciabatta
- **Zucchini** {8.50}
plum tomatoes, basil pesto and goat cheese on a hero
- **Club Sandwich** {9.95}
home-roasted turkey, bacon, avocado, lettuce, tomato and mayo on wheat
- **1/2 Sandwich with Soup or Salad** {9.95}
small soup with any cold sandwich. small soup with a caesar or side salad

Hot Sandwiches

SERVED ON A SEEDED ROLL WITH FRENCH FRIES OR MARKET SALAD

- **EET Brisket Burger** {9.75}
american cheese, lettuce, tomato and sliced raw onions
- **Grilled Marinated Chicken** {10.75}
tomato, lettuce and chipotle aioli
- **Pulled Pork** {10.25}
topped with house cole slaw
- **Turkey + Chorizo Meatballs** {11.25}
chili tomato sauce and melted mozzarella



Espresso Bar

WITH COFFEE FROM LA COLOMBE

- **Drip Coffee** {1.84 | 2.10}
"corsica" — a strong but rounded flavor
- **Espresso** {2.00 | 2.50}
"nizza" — northern italian-quality with a sweet flavor
- **Cappuccino** {3.50}
espresso, steamed milk + 1/3 foam, 12oz
- **Cafe Latte** {3.50 | 4.25}
espresso, steamed milk + foam
- **Coffee Americano** {2.25 | 2.50}
espresso made to the strength of drip coffee
- **Cafe Mocha** {4.00 | 4.50}
espresso, creamy chocolate, steamed milk + foam
- **Chai Tea Latte** {3.75 | 4.25}
spicy, nutty indian tea + steamed milk
- **Hot Chocolate** {3.75 | 4.50}
creamy chocolate, steamed milk + marshmallows
- **Red Eye** {2.50 | 3.00} **Black Eye** {2.75 | 3.25}

The Tea Set

ORGANIC + FAIR TRADE TEA SELECTION {2.50}

- **Celebrities Earl Grey Tea**
organic black tea + natural bergamot oil
- **Subtil Green Chai Tea**
organic green tea, gingerroot, cinnamon, cardamon + natural flavoring
- **Jasmine Green Tea**
organic jasmine green tea
- **West Village Breakfast Tea**
organic black tea, darjeeling tea, green tea, white tea + natural vanilla flavoring
- **Sensual Relaxation Tea**
organic chamomille, hibiscus, rosehips, orange peel + natural flavoring
- **Mint Kiss Tea**
organic rooibos + mint
- **Forever Green Tea**
organic green tea + natural citrus flavoring
- **Sexy Detox/Weight Loss Tea**
organic green tea, yerba mate, fennel seed, lemon grass, orange peel, chamomile, peppermint, rosehips, cornflowers + natural flavors

Breakfast

HOMEMADE AND PASTRIES FROM CECI CELA PATISSERIE

- **Breakfast Special** {4.99}
two organic eggs or egg whites, any style, three toppings including one cheese. served with your choice of bread, bagel or wrap
additional egg {.99} additional topping {.50}
bacon {1.50} home fries {1.75}
- **Oatmeal Station** {3.25}
steel cut irish oatmeal with your choice of golden raisins, dried cranberries, roasted sliced almonds, raw sugar, brown sugar or cane sugar
- **Bagel {1} with Cream Cheese** {1.50}
- **Croissant or Pain Au Chocolate** {2.50}
- **Almond Croissant** {3.25}
- **Danish** {3.25}
- **Homemade Muffin** {2.50}
- **Fat-Free Yogurt, Fruit, Granola Parfait** {3.95}
- **Hard-Boiled Organic Egg** {.99}
- **Fresh Fruit Salad** {3.95}

* we only use organic eggs for all our breakfast items

Smoothies

YOUR CHOICE OF LOW-FAT MILK OR DAIRY-FREE
FRUIT BASE + TWO FLAVORS {5}

- **Strawberry**
- **Banana**
- **Mango**
- **Blueberry**
- **Apple**
- **Scoop of Whey Protein** {.99}